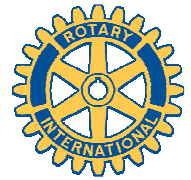


# The Metro Memo

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB

VOLUME 19-04

JULY 27, 2011



## Thank you . . .

to **Jed Friedrichsen** for assisting with today's invocation, leading us in the Pledge of Allegiance and providing us with our fundraiser opportunity.

to **Valerie Livingston** for greeting members and guests as they arrived at today's meeting.

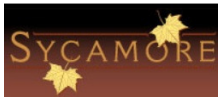
### Visitors & Guests

<u>Member</u>	<u>Guest</u>
Terri Phillips .....	Jeremy Morton
Audrey Spieler .....	Debbie Subella

<u>Rotarian Visitors</u>	<u>Club</u>
Larry Mead .....	Northwest
Marissa Todd .....	Sunrise SW
Lance Hall .....	Sunrise SW

### Congratulations!

**Debbie Subella** was the lucky winner of a \$50 gift certificate to Sycamore's Restaurant donated by Jed Friedrichsen.



## ANNOUNCEMENTS



**Robert Brooks** informed members about the upcoming fundraiser to benefit the Columbia Food Bank. This year's luncheon will feature a "Minute to Win It" contest. The event will be held August 25 from 11:30 a.m. – 1:00 p.m. at Stoney Creek Inn. Metro will be entering a team of five members. Contact Robert if you wish to assist.

Lance Hall from Sunrise Southwest Rotary brief members on a community based effort to help residents of Joplin. Dr. Neil Riley is organizing the day of work which is planned to be August 27. Volunteers will leave The Crossing at 4:00 a.m. that morning via buses. More information is available at [www.columbia4joplin.com](http://www.columbia4joplin.com).

**Karen Brown** announced the next Metro social event will be Thursday, August 4 from 5:00 p.m. – 7:00 p.m. at Coley's American Bistro.

**Norm Benedict** thanked members who attended his ribbon cutting and book signing at Barnes & Noble recently.

**Sergeant-at-Arms Rose Hayden** rebuked **Robert Brooks** for using "modern technology" in arriving at the answer to last week's Hindu proverb question. Rose also fined the table of "senior" only men (sans females) table. **Jim Spieler** was fined for wearing plaid culottes (or possibly shorts?). This fine is being appealed. The fining continued as **Jennifer Deaver** was fined for deceiving members about her age.



Trivia question of the day: When the the U.S. Postal Service issue its only Rotary-themed stamp? Answer: 1955, to celebrate the 50<sup>th</sup> anniversary of Rotary.

## PROGRAM SUMMARY

Marrisa Todd, the Development Director for the Alzheimer's Association, presented an overview of the organization. The Alzheimer's Association is the world's largest volunteer association. One of its prime missions is to eradicate the disease. An Alzheimer's Walk will be held at Stephens Lake Park, on Sunday, October 9, 2011. Registration at Reichmann Pavilion will begin at 11:00 a.m. Walk and 5K follows at 1:00 p.m.

Alzheimer's is a form of dementia and is caused by the brain shrinking, causing memory loss. There is no cure and no treatment for Alzheimer's, only drugs that work on the symptoms. Alzheimer's is largely not genetic, only 5% of cases are hereditary. More information can be found at the Mid-Missouri Chapter of Alzheimer's Association's website: [www.alz.org/mid-missouri](http://www.alz.org/mid-missouri) or contact Marissa.



## Family of Rotary

**Bill Costello** was recognized for his photograph in the local paper.

Our only birthday of the week was **Jennifer Deaver** who proudly informed the group she was "30"!



### Looking ahead to August 3

#### Program

Mary Rook, Partners in Education

#### Greeters

Roma Wonneman & Don Ludwig

#### Invocation/Pledge/Fundraiser

Steve Baumgartner