

# The Metro Memo



VOLUME 28-22

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB

DECEMBER 2, 2020

## Meeting conducted via Zoom videoconferencing

### Members with Guests

Member	Guest
Shane Winter .....	Kristin Stafford
Tom Rose .....	Joseph Palm



On **December 5**, **Cindy Whaley** will celebrate 19 years as a Metro Rotarian!

Happy Birthday to **Jan Beckett** on **December 6!**



**Opportunity #1:** Lunches are available for delivery to Columbia kids ages 2-18 thanks to a grant secured by the Columbia Public Schools. Drivers are needed to assist with the delivery of the lunches. To learn more about this opportunity or to sign up, please visit <https://bit.ly/36jdGQn>,

**Opportunity #2:** Volunteers are requested to provide "homework help" for children served by City of Refuge. If you can help, please contact **Garrett Pearson** or visit [www.cityofrefugecolumbia.org](http://www.cityofrefugecolumbia.org).

**Opportunity #3:** Members are encouraged to videotape themselves reading a book (or two) for viewing by the Columbia Public Schools preschool program. If you need assistance, please contact **Shane Winter**.



A total of 31 members attended today's meeting online.

The **December 9** regular meeting will be held in-person and also broadcast virtually. **Shane Winter** will email everyone a link to the meeting.

*Please note:* There will be **NO MEETING December 30**.

If you chose to pay your annual Rotary dues in two installments, please note that the second payment is now due. Please contact Metro Treasurer **Rebecca Knipp** timely to ensure your membership is paid in full.



Planning for Metro's annual Trivia Night fundraiser is underway. The event will be held **February 5, 2021**, and details are still being discussed. *Please remember:* each member is asked to contribute \$100 through ticket sales, raffle sales, auction items, sponsorships or donations.

If you would like to purchase a Rotary face mask, you can purchase one (or more) for \$8 each at Hawthorn Bank (1110 Club Village Drive) or Mutrux Automotive (2100 West Rollins Road) in Columbia.

mark your **Calendar**

### Upcoming Meetings Schedule

- December 9** ..... In-person & Virtual
- December 16** ..... Virtual only
- December 23** ..... Virtual only
- December 30** ..... **NO MEETING**

### Community Activities

Metro members are involved with numerous local charities, associations and organizations. If you are interested in supporting your fellow members and their respective causes, here are a few upcoming events that may interest you:

**December 3, 2020**  
African American Heritage Trail Dedication – Virtual ceremony celebrating the completion of the historic trail.  
<https://www.columbiaredi.com/african-american-heritage-trail-dedication-december-3/>

**December 15, 2020 – January 3, 2021**  
The Missouri Symphony Holiday Home Tour – Virtual tours of three local celebrity homes all decorated to celebrate the holiday season.  
<https://themosy.org/holiday-home-tour/>

**Anytime**  
Pascale's Pals – Purchases will be donated to the children and families staying at the MU Women's and Children's Hospital.  
[https://www.amazon.com/hz/wishlist/ls/3FXD5TZ0TJ8CO?ref=cm\\_sw\\_em\\_r\\_wl\\_dp\\_jnrhuZPjp617j](https://www.amazon.com/hz/wishlist/ls/3FXD5TZ0TJ8CO?ref=cm_sw_em_r_wl_dp_jnrhuZPjp617j)

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## NOMINATIONS NOW OPEN



Nominations are being accepted for Metro Rotary leadership roles for the 2021-2022 year.

Nominations are being requested for the offices of President-Elect

and for two board of director positions. The President-Elect is a one-year term that is generally followed by a year of serving as club president. Both board of director positions are for three-year terms.

Please consider nominating yourself or a fellow Rotarian for one of these leadership roles.

Plans are for the club to vote on the proposed officer slate during the **December 23** meeting. Please contact **President Tom** if you have any questions about these positions or the election process.

## Charitable Giving Opportunity

Since Metro's annual tradition of club members ringing the bells for the Salvation Army will not occur this year, an alternative way to donate to a needy organization has been suggested.

During November/December, two jars will be available at all in-person meetings. One jar is for collecting donations. The second jar is for donors to write his/her name and the name of a non-profit you would like to see receive the club's donation. For every \$5 donated, members have an opportunity to nominate one agency/organization for a chance to win.



On **December 23**, a nomination will be selected from the second jar. The amount accumulated in the first jar will go towards the charitable organization (less 10% which will go to the nominating member *{please note the nominating individual has the opportunity to take the funds, donate the funds to the recipient organization}*).



If you do not plan on attending any Metro meetings in person, you may donate online at:

<https://columbiametrorotary.org/fellowship-activities/make-a-payment/>

Choose "Other" and state what non-profit you want your donation to go towards.

Please contact **President Tom** or **Shane Winter** if you have any questions about the process.

## DHSS Office of Minority Health Serves Many

Joseph Palm (right) is the Chief of the Office of Minority Health within the Missouri Department of Health and Senior Services. He serves as a key advisor to the health department director Dr. Randall Williams.



This office "seeks to increase health Equity for minorities through Monitoring departmental policies and programs, providing technical assistance and support for culturally sensitive health education initiatives. The office also works collaboratively with community-based organizations and leaders to identify and implement specialized strategies that address the health needs of minority populations in Missouri." <sup>1</sup>

Joseph summarized the duties of the department as certifying births, certifying deaths and trying to improve the quality of life for all Missourians during the time in between those two certifications. He noted his department serves everyone but has a special focus on the youth and seniors of the state.

He shared how the department tracks data (i.e. unemployment rates, housing, education, etc.) which have each shown to have a direct impact on one's health. The importance of education was noted as a key factor in improving the health of all Missourians. He gave examples of programs that are presented statewide. Some of the topics were: dealing with the risks of smoking, the importance of good nutrition, the danger of drug abuse, gun violence, and maternal/child health.

Joseph noted that he was proud to be a part of Covid-19 dissemination team that is preparing to assist with the delivery of a vaccine to the mid-Missouri area. This vaccine is schedule to arrive in mid-December, and healthcare workers are scheduled to be the first recipients.

<sup>1</sup> 2019-2020 Official Manual of the State of Missouri, page 435.