

# The Metro Memo



VOLUME 31-42

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB

APRIL 17, 2024

## MEETING LOCATION CHANGE:

**PLEASE NOTE:** Next week, **April 24**, Metro Rotary will not meet at the Columbia Country Club. Instead, members will meet at Mobility Worldwide (4825 East Meyer) for a service opportunity. The event will begin at 11:30 a.m. and conclude by 1:00 p.m.



## Thank you . . .

to **Rob Christensen** for presenting today's invocation, leading members in the Pledge of Allegiance, and providing a fundraising opportunity.

### Members with Guests

Member	Guest
Shane Winter .....	Joy Sweeney
Adam Blumhagen, Catherine Armbrust	

## News & Announcements

The next member/guest fellowship event will be held after work on **April 18** at Twain: Missouri BBQ & Taproom (23 South 8<sup>th</sup> Street). All members are invited to attend and bring a prospective Rotarian.

The Peace Pole at Battle High School will be dedicated at on **April 30**. The program is set to begin at 4:30 p.m., and a ribbon cutting will follow. All members are invited to attend.

On **May 2**, Metro members will meet at 5:30 p.m. for the monthly litter pickup along the stretch of street the club has adopted for this summer. Please meet in the parking lot behind the old Macy's building.

Metro's Board of Directors will meet on **May 8** at 1:00 p.m. at the Columbia Country Club.



### MARK YOUR CALENDAR!

Metro's 31<sup>st</sup> annual Charter Night celebration is being planned for **June 7** at D. Rowe's Restaurant (1005 Club Village Drive).

*Congratulations to **Ron Bodenstab!** He won a \$50 gift card to Westlake's Ace Hardware donated by **Rob Christensen.***

## NEW MEMBER PROPOSED

**Joy Sweeney** has been proposed for membership in Metro Rotary. Joy is the Chief Executive Officer at Woodhaven. Her proposed classification is Non-Profit Leadership. Joy's proposal was submitted by **Jaime Freidrichs.**

## please note

Planning for Metro's 14<sup>th</sup> Annual Float Trip has begun. This year's event will be **July 26-28** at Bass River Resort just east of Steelville. Tons of cabins are available if you're not into tent camping, or you can bring your RV or camper and lease one of the pad sites. There is always a float Saturday from 9:00 am through approximately 4:00 pm. It is a slow float as many stops are made to play and eat.

This is a family friendly event, and a good time is guaranteed! Please contact **Casey Buckman** at 573-881-1050 if you would like more information or plan to attend.



*Congratulations to **Margaret Conroy** who will celebrate 6 years as a Metro Rotarian on **April 18!***

*Happy Birthday to Rotarian **Jim Stock** on **April 19!***



# The Metro Memo



VOLUME 31-42

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB

APRIL 17, 2024

## Happy Hat

Sergeant-at-Arms **Tom O'Connor** invited members to share good thoughts and news about the topic of their choice.



Today's contributors were **Tom O'Connor, Mark Claypole, Elaine Martin, Sandra Logan, Rebecca Knipp, Shane Winter, Adam Blumhagen, Charlene Boyes,** and **Jim Cherrington.**

Members were reminded to forward the names of favorite songs and artists to Tom as he creates a 2024 Metro Mix Tape.

## COMO Mobile Aid Collective

Catherine Armbrust (right) is the Executive Director for CoMo Mobile Aid Collective (COMAC). This is a non-profit organization dedicated to providing local citizens experiencing homelessness with resources, care, and respect. They partner with community volunteers and other organizations to provide meals, water, survival supplies, hygiene items, basic medical care, pet care, legal advocacy, and more. Their work is ever-evolving as they attempt to fill the local service gaps and ease the suffering of others through direct and timely aid.



Catherine shared some interesting statistics about the homeless. Some of the reasons people become homeless include lack of affordable housing, foreclosure, traumatic experiences, poverty, unemployment, domestic violence, natural disasters, disabilities, and more. Also, of the total homeless number:

- 40% are U.S. military veterans
- 45% are disabled or mentally ill
- 25% are victims of domestic violence
- 27% were in foster care as children
- 58% report not having enough to eat
- 5% are children without adults
- 25% were physically or sexually abused as children
- 50% are women and children

COMAC has a mobile soup kitchen that feeds the homeless on Mondays and Wednesdays mid-November through mid-March. Thanks to efforts of home cooks and community partners, the meals are prepared and delivered timely. Catherine noted that over 12,000 meals were served in 2023. They also have a mobile medical assistance team that works with MU and Stephens College nursing students to provide wound care, medical testing, and other preventative services to those in need.

The organization operates thanks to community support and volunteer donations of time and resources. To learn how you can assist them, please visit [www.comomobileaid.org](http://www.comomobileaid.org).

*Rotary changes us  
and those we serve.  
I believe we can change the  
world one life at a time.  
Paul Harris*



# The Metro Memo

VOLUME 31-42

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB



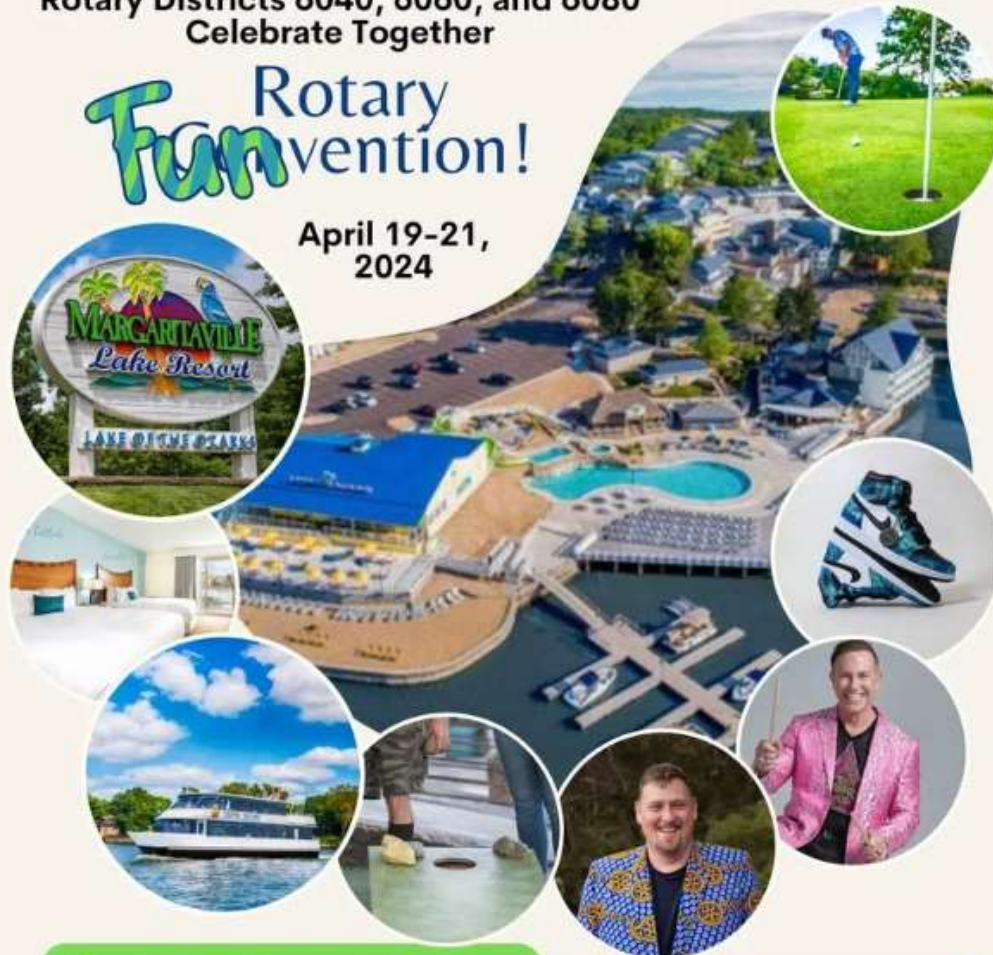
APRIL 17, 2024

## Save The Date

Rotary Districts 6040, 6060, and 6080  
Celebrate Together

**Fun** Rotary  
vention!

April 19-21,  
2024



- ✓ Shoes for Orphan Souls Collection
  - ✓ Dinner Cruise
- ✓ Breakfast/Brunch
  - ✓ Dinner
- ✓ Margaritaville Perks
  - ✓ Family Fun Time

**Experiential Rock  
Star Keynote  
Speaker from Las  
Vegas, Marvelous  
Mark.**