

The Metro Memo

VOLUME 33-49

WEEKLY NEWSLETTER FOR THE COLUMBIA METRO ROTARY CLUB



JUNE 3, 2026

Thank you . . .

Shelley Sigholtz for presenting today's inspiration, leading members in the Pledge of Allegiance, and providing a fundraising opportunity.

Shelley has been a member of Metro since September 2016. She credited her father's dedication to service above self as to why she joined Rotary. She indicated her reason for choosing Metro as her club was simple . . . we are the best club!



Announcements!

Metro's 33rd annual Charter Night celebration is planned for **June 5** at Tolton High School (3351 East Gans Road) beginning at 5:00 p.m. Tickets are \$20 per person.



The Metro Board of Directors will meet **June 10** at 1:00 p.m. at the Columbia Country Club.

The 16th Annual Float Trip is planned for the weekend of **July 25** near Steelville. For more information, contact **Casey Buckman** or watch for more information as the date approaches.



Dues invoices for the 2026-2027 fiscal year will be distributed this week. Please remit your payment timely to Treasurer **Rebecca Knipp** online or to P.O. Box 109, Columbia, MO 65205.



to **Jim Cherrington** who won a \$50 gift card to Addison's/Sophia's donated by **Shelley Sigholtz**. We raised \$66 for Metro charities.

Matching Opportunity!

For a limited time, District 6080 will match new individual donations to The Rotary Foundation, **up to \$500 per donor**. This is a "first come, first serve" opportunity until District's designated resources are used up. ACT FAST if interested to fast-track your way to a new Paul Harris level!

How it works:

1. Make your donation to The Rotary Foundation (Annual Fund, PolioPlus, or other eligible fund) by calling 1-866-976-8279 or going on-line at www.rotary.org/give.
2. Send confirmation of your donation to John Horton, District Foundation Chair at john@JohnJHorton.com.
3. The district will apply matching recognition points to your Rotary Foundation account, up to a maximum of 500 points.

Note: A minimum \$100 donation is required for a match to be considered.



Do you know someone who would make a great Rotarian? If so, the process to nominate him/her is simple. An application form is available on the Metro website at <https://tinyurl.com/23v53s44>.

Once you have the information completed, please forward to **Victoria Brees** at maybrees@hotmail.com.

Members with Guests

Member

Guest

Tim SullivanMandy van Dalsen



Happy Birthday to **Sherry Major** on **June 5!**

Happy Birthday to **Susan Johnson** on **June 6!**

Congratulations to **Rose Lloyd** who will celebrate 5 years as a Metro Rotarian on **June 7!**

As an update, the memorial for Isabel Burggraaff will be **June 4** at 11:00 a.m. at Parker-Millard Funeral Home (12 East Ash Street). Please keep Win and his family in your thoughts and prayers.

COLUMBIA METRO ROTARY CLUB

www.columbiametrorotary.org

CHARTERED JUNE 10, 1993

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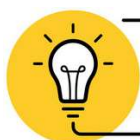
JUNE 3, 2026

Happy Hat

Sergeant-at-Arms

Casey Buckman

invited members to share good thoughts and news about the topic of their choice. Today's contributors were **Shane Winter** and **Mark Claypole**.



DID YOU KNOW?

Today, members learned that Volkswagen's "Think Small" advertising campaign was a huge success in 1959. VW promoted the car's compact size and unconventional looks and revolutionized advertising through minimalism and honest storytelling, shifting the focus from flashy excess to practical efficiency.



PEACEBUILDING AND CONFLICT PREVENTION

For the month of June, **President Sarah** is encouraging members to focus on doing something to bring more beauty to the world while also promoting peace and hope.

This doesn't have to be a grand, overwhelming gesture. Small, intentional acts can create beautiful ripples. Some ideas to get you started may include:

- Leave uplifting notes around Columbia establishments to brighten a stranger's day.
- Create "kindness rocks" to spread messages of hope.
- Volunteer to help garden a public space.
- Support local animal rescues.
- Organize a neighborhood cleanup project with friends.

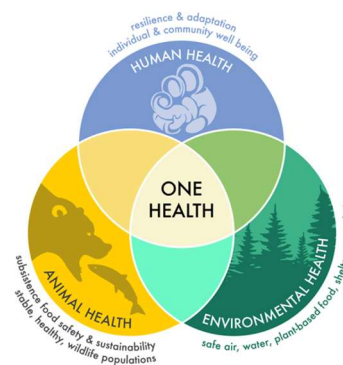
Please contact **President Sarah** if you would like to be a member of our PeaceBuilder Committee.

One Health

Due to miscommunication, our scheduled speaker for today was not present. However, drawing on the immense knowledge base of our members, members were able to be informed about One Health.

Dr. Tom Rose indicated he spoke about this topic when he was serving as an adjunct assistant professor in the Master of Public Health program at the University of Missouri.

One Health is a collaborative, multisectoral, and transdisciplinary approach — working at the local, regional, national, and global levels — with the goal of achieving optimal health outcomes recognizing the interconnection between people, animals, plants, and their shared environment. (U.S. Government Definition, established 2017).



One Health issues include emerging, re-emerging, and endemic diseases, neglected tropical diseases, vector-borne diseases, food safety, environmental contamination, and other health threats shared by people, animals, and the environment, to name a few.



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FUNDING OPPORTUNITY

Metro's Community Service Committee would like to assist local organizations whose missions align with Rotary's to help youth, education, and the environment. If you know of an organization/group/project that could benefit from additional funding, please complete the form below.



Columbia Metro
Rotary Club

Community Service Committee: Community Support Proposal Form

Please complete the information below and return to Lisa Royse at roysel@health.missouri.edu.

Date: _____

Columbia Metro Rotary Member Name: _____

Community Organization Name: _____

Contact Person and Information at Organization: _____

Requested funding amount (maximum \$100): _____

Deadline for funds: _____

How does this organization contribute to our community and align with our club's mission to be a transformative influence in our community and in the world through our work with youth, education, and the environment? (2-3 sentences)

How will the organization use the funds if awarded? (2-3 sentences)
